



LEARNING MUSIC HELPS VERBAL MEMORY

Hong Kong study shows that musical training
boosts verbal memory.

A study by researchers at the Chinese University of Hong Kong showed that children with music training had significantly better verbal memory than their counterparts without such training. Also, with more training, verbal memory continued to improve.

Researchers proposed that music training during childhood contributes to the development of the left temporal lobe in the brain and

consequently, the better the brain can handle other assigned functions, such as verbal learning. Researchers caution that it is too simplistic to divide brain functions, including music, into left or right sides because the brain works like a network system, it is interconnected, very co-operative and amazing. But clearly, music lessons pay off in unexpected ways.



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